

BELL SCHEDULE

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Block 1	Block 1	Block 1	
8:00-9:12	8:00-9:12	8:00-9:12	Z
color and a second			
Block 2	Block 2	Block 2	SESSION
9:16-10:28	9:16-10:28	9:16-10:28	
FLEX	FLEX	FLEX	No.
10:28-10:57	10:28-10:57	10:28-10:57	
Block 3	Block 3	Block 3	SCHOOL
11:01-12:13	11:01-12:13	11:01-12:13	5 10
LUNCH	LUNCH	LUNCH	S S
12:13-12:53	12:13-12:53	12:13-12:53	DAY -
Block 4	Block 4	Block 4	
12:57-2:09	12:57-2:09	12:57-2:09	0
Block 5	Block 5	Block 5	PR S
2:13-3:25	2:13-3:25	2:13-3:25	

YEARBOOKS

Please check the lists posted on the main office windows to see if you have ordered a yearbook.

Yearbooks can still be purchased online until May 31st. After this date may be purchased from the main office. The cost to purchase is \$60.00.

Don't delay . . . there are 125 left!

Attention all students interested in taking a language course next year: Do you already speak, read or write a language offered at our school? Do you want to take a language course for credit, but aren't sure what level? Have you put a request on your sheet for next year, but do not have the prerequisite course?

 You are requested to attend the Language Level Assessment on Wednesday, April 24 at 8:00am in order to be placed in the appropriate level course for Mandarin, Spanish, Japanese or French.

• See your counsellor for specific details.

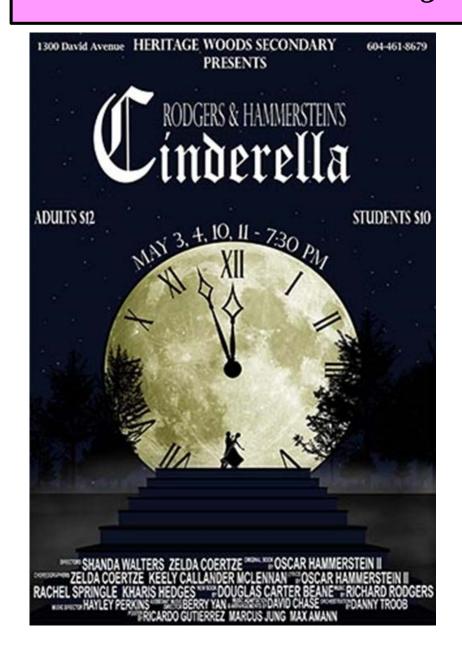
VALEDICTORIAN VOTE

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•Valedictorian Stump Speeches will be presented on April 24 during FLEX in the theatre. All six nominated candidates will be given an opportunity to speak and grade 12's will be voting after the assembly.

All grade 12's must attend.

CINDERELLA – Coming soon to the HWSS Theatre



Evening Shows:

TICKETS:

Available at the main office and from cast members.

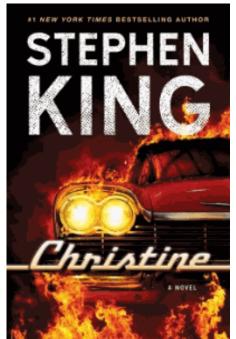
Adults \$12.00 Students/Seniors \$10.00

Friday, May 3rd
Saturday, May 4th
Friday, May 10th
Saturday, May 11th

New Library Books











FRESH ROOTS ROOTS

Grow to Love Your Summer!

SOYL is a summer employment and leadership program that empowers youth to grow themselves, their community and good food with school farms!

WHY JOIN SOYL?

- Grow good food at school
- Earn money & school credit
- Cook amazing meals with chefs
- Develop leadership and job skills

- Meet new friends
- Spend the summer outdoors
- Explore your community and food system

For students in Gr 11 - 12 in Coquitlam, visit freshroots.ca/SOYL to apply by May 1!



KODIAK ATHLETICS



HWSS TRACK & FIELD



- Track and Field athletes who wish to participate in the Maple Ridge meet (Thursday, April 25th events start at 3:30 and end at 8:00pm), must email Mr. Tyldesley at mtyldesley@sd43.bc.ca by Saturday at midnight. In the email, include your full name, grade, and the event(s) that you wish to compete in. If you miss the entry deadline you will not be able to compete in the meet. It is a very competitive and well attended meet that I recommend all team members go to since it is the final meet before the District Championships (April 29 and May 2).
- It is highly recommend that all students interested in the 4x100 relay enter the 100m (starting at 3:30pm), and compete in the 4x200m relay.
- For sprinters and distance runners, there is a very unique and rare Sprint Medley relay (200,200, 400, 800).
- Teams for that relay include sprinters and distance runners, and you can assemble your own teams since this is a one-time only race.
- Let Mr. Tyldsley know if a parent is able to drive to Maple Ridge on that day as we need drivers. Students will miss block 5, and will need to leave HWSS right after block 4. There is a very important team meeting on Tuesday at the start of lunch in room 240. See Mrs. Chan in room 313 with your jersey deposit cheque to get a jersey.

CLUBS



FITNESS CLUB

- TUESDAY AND THURSDAY THIS WEEK!
- WHEN: 3:40 PM
- WHERE: WEIGHT ROOM
- WHAT: NEED GYM STRIP AND WATER BOTTLE
- SEE MR CIARDULLO FOR MORE INFO!



What's your excuse?

TLE

We pick things up and put them down

EAL Tutoring Club





Do you struggle in English?

We can find you the right tutor to provide help in all subjects

Private and group lessons on Tuesdays and Thursdays at lunch, room 243

New tutors are welcomed!

TUESDAY AND THURSDAY AFTER SCHOOL IN THE LIBRARY

HWSOAP FREE PEER TUTORING

PLEASE MAKE APPOINTMENTS THROUGH:
englishandsocials.hwsoap@gmail.com
mathandscience.hwsoap@gmail.com

HWSS Environmental Leadership Club

Are you interested in making a difference?

- -Environmental Stewardship?
- -Hiking?
- -Recycling?
- -Raising money?
- -Making Friends?
- -And much more?







Join us **Every Tuesday at Lunch** in 307

HWSS Business Club

Interested in business case studies?

Room 301 Tuesdays at lunch



STUDENT POTTERY CLUB

Meets every Tuesday
3:30 to 4:30 pm
Art room 214
Please see Mr. Ting
for more information.

Bring cleaning towels and change of clothes.

It's not too late to join!



CAREER CENTER



IODE BC Art Awards



IODE BC Art Awards are given each year, in competition, to help a student of the Arts (Visual or Performing). The Terms of Reference state the winner must show great promise in his/her chosen arts field. Applicants must be a resident of BC. There are two awards — Junior \$500 for ages 13-16 inclusive and Senior \$800 for students 17-18 inclusive.

- Applications are available in the career centre or online.
- •Deadline for applications to reach the local chapter is Monday April 29, 2019.

Future Science Leaders Program





Applications are now open for September 2019!

- In weekly meetings, students learn essential skills, meet top experts and innovators and apply their new knowledge and skills. We have modelled the program after excellence programs in high performance sports, such as *Own the Podium* and the farm system in hockey. There is a progression where students are increasingly supported and challenged. With the extra support of this program, students will be expected to excel in national and international science, technology, engineering and math challenges.
- We have 2 sites for Future Science Leaders.
- Vancouver: Science World at TELUS World of Science, Tuesdays (4pm-6pm and 6:30pm-8:30pm)
- Surrey: Health and Technology Innovation Hub, Wednesdays (4:30pm-6:30pm)
- All applicants fill out the same application and indicate their site within the application.
- <u>Application deadline for Sept 2019 is April 26, 2019</u>. Applicants must be grade 10 or 11 students in September 2019.
- https://www.scienceworld.ca/futurescienceleaders
- https://www.futurescienceleaders.com/

ROTARY CLUB OF PORT MOODY

The **Rotary Club of Port Moody** has been awarded a District Grant to hold a Socratic Weekend. Selected students from the Tri-cities will participate June 1 and 2nd in a Port Moody based event in which professionals from a variety of disciplines and roles will come in to engage with the students and discuss a wide range of topics. We will explore Technology and Society, Governance, Mathematics and the science, Conservation and Economic Development, Education and Leadership, Global Markets and the Economy. These experts will be using a Socratic approach to engage with the students, and as such these will not be lectures but rather dynamic participation discussions. The intent of this weekend is to focus on Key themes such as Society, Economy, Environment, Education, Science, Governance, Civil Society (NGOs), etc., and how these all come together/or not, in our current world. The intent is to stimulate, challenge, illuminate and give the students a chance to meet some leaders in their fields. One speaker supplied cameras for the two latest Martian Satellites. This is a fun event, but it will be challenging, and will provide some great insight as to careers and educational paths.

Students applying need to write an essay in Word, maximum 500 words, and submit electronically. The essay to focus on:

- 1)What is the Socratic Method?
- 2)Five key things we need to focus on to ensure the survival of our society?

We will be reviewing the essays for effective writing, content, and will do a word count and check for plagiarism. Please email your application essay, no later than 3:30pm April 26th to Dr. Paul Mitchell-Banks, paulmitchellbanks@gmail.com and in the subject line put 'Socratic Weekend'. Essays that exceed the word limit, or involve plagiarism will be rejected. Winners will be contacted Monday April 29th.

 \rightarrow This event is open to applicants in grades 9 – 12.



SFU Entrance Awards and Bursaries

Entrance Award and Bursary applications are still open!

The deadline to apply is April 30. See our website for more information. We encourage all students to apply, especially if you have demonstrated financial need and are involved in the school or greater community.

Winners will be contacted by June 15.

Did you apply to The University of Calgary? Have you received an offer or are you still waiting to hear from them? Are you considering if this is the place for you?



Please come and visit Ms.
Butler in the Career Centre
as she just got back from a
visit to U of Calgary and
might be able to answer
your questions and help
with decision making. You
can either drop in during
flex or lunch or email to
make an appointment

dbutler@sd43.bc.ca



Once you have been admitted to UBC/UBCO check out these events for future students:

UBCO:

Destination UBC (May 10–12) is a full-weekend program for high school students who have been admitted to the Okanagan campus. Participants will connect with the UBC community and start preparing for life as a UBC student. Students travelling from outside the Okanagan Valley are eligible for a travel reimbursement.

- Admitted high school students who self-identify as First nations, Metis or Inuit are also invited to the Indigenous Welcome (May 9).
- UBC Vancouver:
- <u>UBC Welcomes You</u> (April 27) is a half-day informational event designed for all students who have been admitted to the Vancouver campus. Students will connect with the UBC community and start preparing for life as a UBC student. Travel reimbursements are not available for this program, but any admitted students who will be in Vancouver that weekend are welcome to attend.
- High school students who have been admitted to the Vancouver campus and who selfidentify as First Nations, Metis or Inuit are invited to the <u>Destination UBC Aboriginal</u> <u>Student Welcome</u> (April 26–28) and are eligible for a travel reimbursement.

Click on the link to register:

 https://you.ubc.ca/tours-info-sessions/campus-tours-events/on-campusevents/?utm_campaign=UBC%20Updates%3A%20March%202019%20-%20BC&utm_medium=email&utm_source=Eloqua#welcome

Headstart In Art

Who: Grade 11 or 12

pursuing a career in art

What: *First year University Art course

*1st year university credit

When: Sept. 10 - Dec. 10 Tuesday evenings 6 - 9

Where: Gleneagle Secondary

<u>How:</u> See Ms. Tompkins in April or go to ECU online for the Head Start application. Due in May.





REPEAT NOTICES



INVENT THE FUTURE

AI SCHOLARS PROGRAM

July 15 - 26, 2019

Simon Fraser University, British Columbia

Application Deadline: APRIL 24, 2019

- Tuition Cost: \$350
- · Bursaries available



Invent the Future is a 2-week summer program for Canadian young women in Grade 10/11 interested in artificial intelligence. Gain hands-on experience with computer science + artificial intelligence, explore tech careers, and meet tech leaders in your community. No prior experience required!

WHAT IS AI USED FOR?

- ROBOTICS
- MEDICINE & HEALTHCARE
- SIRI & ALEXA
- SELF-DRIVING CARS

LEARN MORE AND APPLY: WWW.SFU.CA/COMPUTING/INVENTTHEFUTURE

EMAIL QUESTIONS TO: ai_scholars@sfu.ca
TWITTER: @AI_Scholars_SFU | INSTAGRAM: @ai4all_sfu





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DECODEWorkshop Series

WORKSHOP DATES

May 4 - Intro To Programming With Python

May 11 - Construction Of Robot With Lego Mindstorms

May 18 - Design, Build, Program Robot

May 24 - Final Competition

COST

\$150 For All Four Weeks

LOCATION

SFU Burnaby

Why Decode?

Want to learn the currently most in-demand programming language? Want to design, build, and program a robot and compete with your peers robots? Our workshop series will give you hands-on experience in STEM so you learn gain practical and tangible skills!

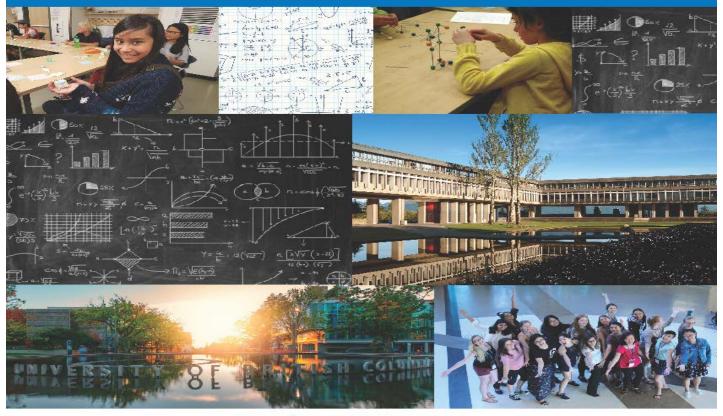


Scan here for more details

or go to

decodeworkshop.eventbrite.com

2019 PIMS Diversity in Mathematics Summer School



22 July - 2 August 2019
The University of British Columbia & SFU Burnaby

Challenge Yourself! http://www.pims.math.ca/2019Diversityinmath

















2019 Diversity in Mathematics

Are you a girl in grade 10, 11 or 12? Do you find math stimulating and fun? Do you want learn more math but are not sure how to? Do you wonder if and how math would be helpful for a future career? Do you want to meet undergraduates in science majors studying in universities nationwide and learn about their journey from high school to university? If the answer is yes, then this camp could be for you!

- The main goal of the camp is to provide an opportunity to a group of high school students with diverse backgrounds to explore their talents and further develop their mathematical skills in a collaborative and encouraging environment. For more information visit the link below.
- http://www.pims.math.ca/2019Diversityinmath?utm_campaign=UBC%20Updates %3A%20April%202019&utm_medium=email&utm_source=Eloqua



The MS Society needs volunteers for the TriCities MS Walk on May 26th at Rocky Point Park.

Volunteers are at the heart of our success and crucial to this meaningful fundraising event. Meet great people, have fun and make a difference! There is a variety of volunteer opportunities to suite everyone and various start times.

To volunteer, register on our volunteer platform and sign up for a shift of your choice! Click here to register: http://bttr.im/bnq65.

For more information please contact Joel Cheung, Joel.Cheung@mssociety.ca

We are always looking for new volunteers to join our team!

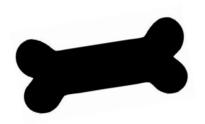


Joel Cheung Coordinator, Volunteer Engagement MS Society of Canada 1103 Metrotower II - 4720 Kingsway, Burnaby, BC V5H 4N2 604-689-3144 ext. 7257 joel.cheung@mssociety.ca



Meritage Woods Secondary Presents...





PET FESTIVAL 2019!



WANT THE OPPORTUNITY TO SHOWCASE YOUR PET FOR A CHANCE TO WIN PRIZES?

IF SO, COME AND PARTICIPATE OR SUPPORT THE PET FESTIVAL,
THURSDAY, MAY 9th @3:45-6:00PM FOR \$5 ADMISSION! THE EVENT WILL
HAVE FACE PAINTING, BAKED GOODS, AND DOG TREATS! TO SIGN UP

EMAIL US @

OR TEXT US @



May 1-7 is Youth Week

HERE'S HOW YOU CAN GET INVOLVED IN PORT MOODY!

Recreation Leader Training - Westhill Youth Centre

Learn the ins and outs of what it takes to be a Recreation Leader in Port Moody. Understand the role of volunteers, learn to lesson plan and practice facilitating activities.

Wednesday, May 1 4-8pm

Minute to Win It - Rec. Complex, Youth Lounge

Compete against your friends in a variety of Minute to Win It style games. Prizes and snacks will be provided.

Thursday, May 2 4-8pm

Westhill Workout - Westhill Youth Centre

Bring your friends for a workout challenge led by a certified BSc. Kinesiologist. Healthy snacks will be provided.

Thursday, May 2 4-8pm

Dodgeball Competition and Pizza Making -

Rec. Complex, Youth Lounge

Challenge your friends in this high energy, team-oriented game. Teams of 5 can register together or individuals can join a team upon arrival. Prizes will be awarded to winning team(s). Pizza making to follow.

Friday, May 3 Registration: 6-6:30pm /

Competition: 6:30-8:30pm / Pizza Making 8:30-9:30pm

Sushi Making - Westhill Youth Centre

Learn how to make your own sushi and enjoy eating your creations. Please advise leaders of any allergies upon arrival.

Friday, May 3 6-10pm

Movie Night - Rec. Complex, Multipurpose Rm 2

Enjoy a new release movie (title tbd) and film trivia with your friends. Popcorn and punch will be provided.

Saturday, May 4 6-10pm

Port Moody Recreation Complex

300 loco Road, Port Moody | 604.469.4556 | www.portmoody.ca

PORT MOODY

FREE EVENTS FOR YOUTH

GRADES 6-12!



In search of hair models for training

Our stylist are former Heritage woods allumni Sarah Mueckel and Dana Schoenhals